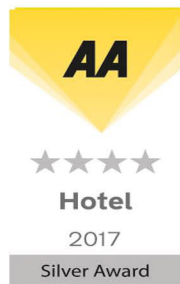




Holiday Inn

Good Morning



Cold Buffet

Yoghurts: Low Fat, Mixed Fruit, Natural
Smoked Salmon
Cold Cuts
Cheeses
Fresh Grapefruit Segments
Fresh Orange Segments
Melon
Pineapple
Mixed Fresh Fruit Salad
Fresh Fruit

Bakery

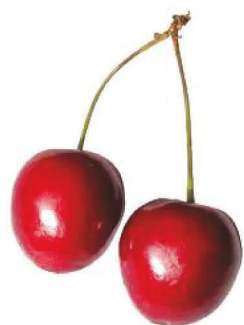
Danish Pastries
Croissants
Selection of Brown & White Breads
Selection of Muffins
Ryvita

Market Essentials

Cornflakes
Rice Krispies
Healthwise Branflakes
Optima Fruit 'N' Fibre
Special K
Muesli
Alpen
Weetabix

Juices

Fresh Orange Juice
Grapefruit Juice
Apple Juice
Tomato Juice
Cranberry Juice



Eggery

Scrambled Eggs
Fried Eggs
Rindless Bacon
Premium Pork Sausages
Cumberland Sausages
Tomatoes, Mushrooms
Baked Beans
Hash Browns
Black Pudding
Made To Order: Poached Eggs or Boiled Eggs
Waffles, French Toast, Pancakes

3-Egg Omelettes

Choose from the following fillings:
Cheese, Ham, Mushroom, Tomato, Peppers,
Red Onion and Chilli

By The Sea

Grilled Kippers with Parsley Butter
Smoked Haddock and Poached Eggs

Price Per Person £16.50 unless you are staying on an inclusive package

Beverages

Coffee Lavazza
Filter Coffee
Decaffeinated Coffee

	Regular	Large
Americano	£3.35	£3.55
Latte	£3.55	£3.75
Cappuccino	£3.55	£3.75
Espresso	£2.95	£3.95
Mocha	£3.55	£3.75
Hot Chocolate	£3.55	£3.75
Regular Tea	£3.25	

Selection of Teas:

English Breakfast, Assam, Earl Grey,
Decaffeinated Tea, Green Tea,
Peppermint, Camomile, Lemon & Ginger,
Cranberry Raspberry & Elderflower

Food Allergies and Intolerances

"We welcome enquiries from customers who wish to know whether any items contain particular ingredients"

breakfast menu